



Swim league - Horsens, Odense Esbjerg

An attractive and fast competition concept, divided over 3 competitions in the 26/27 Season.

Competitions	Competition 1 Esbjerg	28th August
	Competition 2 Horsens	29th January (LCM?)
	Competition 3 Odense	23th April

Goal Score as many points as possible for your club

Program

Løb	Competition 1 [Esbj.]	Competition 2 [Hor.]	Competition 3 [Odense]
1	4x50m IM Dreng	4x100 IM Dreng	4x50m Free Dreng
2&3	50 Fly	50 Free	50 Ryg
4&5	100 Ryg	100 Fly	100 Bryst
6	4x50m MF Free Mixed	300 Crawl Team Trial	4x50m MF IM Mixed
7&8	100 IM	200 IM	100 IM
9&10	200 Fri	200 Bryst	200 Fly
11	4x50 IM Pigerne	4x100m IM Pigerne	4x50 Free Pigerne
12&13	100 Fly	100 Fri	100 Ryg
14&15	50 Bryst	50 Ryg	50 Fri
16&17	100 Ben med plad	100 mf	50 mf fbuv
18&19	100 Fri	100 Bryst	100 Fly
20&21	200 IM	400 IM	200 IM
22	50-100-200-50 [P-D-D-P]	4x100 IM Mixed	50-100-200-50 [D-P-P-D]
23&24	200 Fly	200 Fri	200 Ryg
25&26	50 Ryg	50 Fly	50 Bryst
27&28	100 Bryst	100 Ryg	100 Fri
29&30	50 Free	50 Bryst	50 Fly
31	4x50m Free Mixed	4x100 Free Mixed	4x50m IM Mixed

Rules

6 Swimmers per Event - 2 of each club

First swimmer to touch scores 7 points for the team

Second swimmer to touch scores 5 points for the team

Third swimmer to touch scores 4 points for the team

Fourth swimmer to touch scores 3 point for the team

Fifth swimmer to touch scores 2 points for the team

Sixth swimmer to touch scores 1 point for the team

Each relay event has to be entered with 2 teams

First relay team scores 10 points

Second relay team scores 8 points

Third relay team scores 6 points

Fourth relay team scores 4 points

Fifth relay team scores 2 points

Sixth relay team scores 0 points

Finishing 1&2 in a relay event gives another 3 bonus points.

Klubs can consist of a maximum of 15 swimmers per gender. So each club has a total of maximum 30 swimmers.

Each swimmer has to start individually at least 2 times, but not more than 4 times. The swimmers also have to swim at least 1 relay, but can not do more than 3 relays.

Turns in the Ben races are allowed with only 1 arm stroke before turning

The competition will be swam on 6 lanes

Officials

1 headjudge

1 starter

3 turn officials

6 time keepers

1 eller 2 secretariat

1 Speaker